



DIABETES DAY AWARENESS REPORT

INTRODUCTION

World Diabetes Day (WDD) is the primary global awareness campaign focusing on diabetes mellitus and is held on 14 November each year. WDD is led by the International Diabetes Federation (IDF), and each World Diabetes Day focuses on a theme related to diabetes. Type 2 diabetes is a largely preventable and treatable non-communicable disease that is rapidly increasing in numbers worldwide. Type 1 diabetes is not preventable but can be managed with insulin injections. Topics covered have included diabetes and human rights, diabetes and lifestyle, diabetes and obesity, diabetes in the disadvantaged and the vulnerable, and diabetes in children and adolescents. While the campaigns last the whole year, the day itself marks the birthday of Frederick Banting who, along with Charles Best, first conceived the idea which led to the discovery of insulin in 1922.

In recognition of World Diabetes Day, the Department of Adult Health Nursing along with the 3rd semester BSc Nursing students took the initiative to organize various events on diabetes mellitus awareness.





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EVENT : WORLD DIABETES DAY AWARENESS
EVENT DATE : NOVEMBER 14, 2025
LOCATION : SREE GOKULAM MEDICAL COLLEGE AND RESEARCH FOUNDATION, MEDICINE OP ORGANIZED BY : 3RD SEMESTER BSC NURSING STUDENTS, SREE GOKULAM NURSING COLLEGE, VENJARAMOODU.

Skit Performance

The 3rd semester BSc Nursing students of Sree Gokulam Nursing College conducted a skit performance and a medical camp as part of the



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World Diabetes Day awareness programme. Through their energetic and informative presentation, the students aimed to educate the public about the risks, symptoms, and preventive measures related to diabetes mellitus. Their coordinated efforts helped spread valuable awareness while promoting healthy lifestyle practices.

The skit was performed in the Medicine OP, while the medical camp was organized in the Super Speciality OP. Both events received an excellent response, drawing a large audience and encouraging meaningful discussions about diabetes and its impact on health.

The programme was conducted under the guidance of Ms. Revathy, Assistant Professor, and Ms. Sivapriya, Lecturer, from the Department of Medical-Surgical Nursing, Sree Gokulam Nursing College. The dedication and teamwork displayed by the students were highly commendable.

The skit participants included Ms. Ashvina Sanal, Ms. Aneetta B, Mr. Adwaith A, Mr. Sahesh, Mr. Adithyan P, Mr. Akshay Krishna B, Ms. Indu, Ms. Ameena, Ms. Anupama A, Ms. Salma, Ms. Adithya Sunil, Ms. Sagara, and Ms. Anannya, who performed roles such as father, mother, children, nurse, doctor, patient, co-workers, and friends.

The medical camp was actively supported by Ms. Aparna D, Ms. Devika K M, Ms. Anakha Rajesh, Ms. Vaishnavi, Ms. Swetha Santhosh, Ms. Adithya G S, and Ms. Gayathri, who contributed to health assessments and public education essential information and promote diabetes awareness among the community.

Following the Skit, the students conducted an informative education session on diabetes mellitus in the local language. The session began with an introduction by Ms. Anannya Raju, who provided the audience with a concise overview of the forthcoming session, which increased interest among the listeners. Ms. Anupama diabetes mellitus. Management was explained by Ms. Sagara A then explained the definition, etiology, and risk factors



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CONCLUSION

Towards the end of the session, Ms. Adithya Sunil summarized the key points, stressing the importance of early detection, timely treatment, and proper management of diabetes mellitus. The students used vibrant visual aids and clear, understandable language to communicate essential information, making the session accessible to the diverse audience present at the Medicine OP Department and the Super Speciality Department of Sree Gokulam Medical College and Research Foundation.