



## REPORT ON WORLD ASTHMA DAY OBSERVATION- MAY 2025

**Date: 06/05/2025**

Venue: Sree Gokulam Medical College Campus, Venjarammoodu, Kerala

Organized by: Department of Medical Surgical Nursing, Sree Gokulam Nursing College

### Introduction:

World Asthma Day is observed annually to raise awareness about asthma and to improve asthma care around the world. As part of this global initiative, the Department of Medical Surgical Nursing at Sree Gokulam Nursing College, Venjarammoodu, organized a health awareness event on 6th May 2025 at the college campus.

### Objective:

The primary objective of the program was to educate the public and students about asthma, its causes, triggers, symptoms, and preventive measures to manage the condition effectively.

### Program Details:

The event began at 9:00 AM with a short inauguration by faculty members.

Students of the B.Sc. Nursing program presented educational posters, 3D models, and interactive demonstrations related to asthma pathophysiology, inhaler techniques, and lifestyle modifications.

- The awareness campaign included:
- Causes and risk factors of asthma
- Correct use of inhalers and spacers
- Demonstration of lung models
- Prevention tips and emergency response

Active participation was seen from nursing students, staff, and the general public present at the venue.

### Highlights:

The photo captures a group of enthusiastic nursing students presenting posters and engaging in awareness activities, under the guidance of faculty members. The exhibit featured lung models and asthma management visuals, effectively drawing attention to the theme.



## Conclusion:

The observation of World Asthma Day 2025 at Sree Gokulam Nursing College was a successful educational initiative. It enhanced the awareness levels among students and attendees regarding asthma and the importance of its early detection and proper management. The efforts of the Department of Medical Surgical Nursing were well appreciated for their proactive health advocacy.

